

About the NEBOSH National Diploma in Occupational Health and Safety

Successful completion of the NEBOSH National Diploma in Occupational Health and Safety requires you to undertake around 500 hours of learning and revision of the topics specified in the course syllabus, in preparation for the NEBOSH final assessments ... 3 exams and a workplace-based assignment.

UNIT A
Managing health and safety
 assessed by a 3 hour written exam

11 elements: Recommended study time: 188 hours	A1. Principles of health and safety management (11 hours)	A2. Principles of health and safety law (22 hours)	A3. Criminal law (16 hours)
A4. Civil law (22 hours)	A5. Loss causation and incident investigation (11 hours)	A6. Measuring and reviewing health and safety performance (16 hours)	A7. Identifying hazards, assessing and evaluating risks (20 hours)
A8. Risk control (15 hours)	A9. Organisational factors (26 hours)	A10. Human factors (18 hours)	A11. The role of the health and safety practitioner (NOT in exam) (11 hours)

UNIT B
Hazardous agents in the workplace
 assessed by a 3 hour written exam

10 elements: Recommended study time: 115 hours	B1. Managing occupational health (12.5 hours)	B2. Identification, assessment and evaluation of hazardous substances (14 hours)	B3. The control of hazardous substances (12.5 hours)
B4. The monitoring and measuring of hazardous substances (10.5 hours)	B5. Biological agents (9 hours)	B6. Noise and vibration (17.5 hours)	B7. Radiation (10.5 hours)
B8. Mental ill-health and dealing with violence and aggression at work (10.5 hours)	B9. Musculoskeletal risks and controls (9 hours)	B10. Work environment risks and controls (9 hours)	

UNIT C
Workplace equipment and safety
 assessed by a 3 hour written exam

10 elements: Recommended study time: 120 hours	C1. Workplace and work equipment safety (12 hours)	C2. Fire and explosion (9 hours)	C3. Workplace fire risk assessment (10 hours)
C4. The storage, handling and processing of dangerous substances (12 hours)	C5. Work equipment (15.5 hours)	C6. Workplace machinery (15.5 hours)	C7. Mobile, lifting, access and work at height equipment (10 hours)
C8. Electrical safety (12 hours)	C9. Construction and works of a temporary nature – hazards and controls (14 hours)	C10. Workplace transport and managing work-related road risk (10 hours)	

UNIT DNI
Application of health and safety theory and practice

The workplace-based assignment requires you to apply the knowledge and understanding developed in Units A, B and C to a workplace, and to produce an overall review of the arrangements for managing health and safety and justified recommendations to improve health and safety performance within the workplace.
 (77 hours)



NEBOSH National Diploma distance learning course from Astutis



As a distance learner you will be a motivated, independent individual who is prepared to use the NEBOSH Diploma **course materials** and **support** we provide to achieve your ultimate goal ... successful completion of the NEBOSH Diploma exams. The digital course materials, exam questions and answers and discussions can all be accessed on your computer or even on a mobile device.

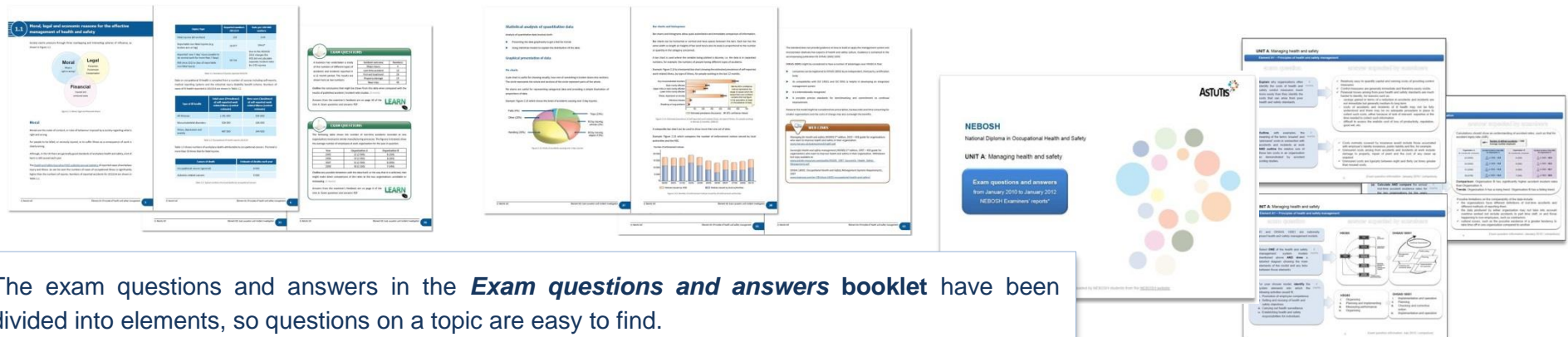
All of the digital course materials can be downloaded from our online Astutis Resources area.

Course materials



We provide full-colour digital course notes for Units A, B and C and a full colour digital guide for Unit DNI.

- ◆ Units A, B and C are split into **elements** and each element has a separate set of course notes (PDF).
- ◆ Each element is split into **sections**, based on the learning outcomes from the NEBOSH Diploma syllabus.
- ◆ Each element contains all of the **essential course information**, diagrams, tables, etc. but it also contains **web links** to reference resources and relevant **exam questions** from past exams, which tell you where to find the **answers** in the *Exam questions and answers* booklet.



- ◆ The exam questions and answers in the *Exam questions and answers* booklet have been divided into elements, so questions on a topic are easy to find.
- ◆ As well as referring to this booklet to check the answers as you work through the course notes, it is also a **handy revision tool** in itself, as you practise answering exam questions in the run up to the exams.



To get the most out of the course, make sure you take advantage of the additional support we offer.

Astutis support

Your own tutor



As soon as you start the course **you will be assigned a tutor** who will be your main point of contact and support through the course. Your tutor will offer on-going support via email, telephone or Skype. Your mock exam will be marked by your tutor and their feedback on your performance will be shared with you. Your tutor will also be taking an active part in the discussion groups.

A mock exam



You will have the **opportunity to sit a mock exam** for each unit of the course. Once you have completed the exam simply send it to your tutor, who will mark it and return it with detailed feedback about what is good and what you could improve upon.

Discussion groups



The discussion groups give you the **opportunity to share your experiences, thoughts and questions** with fellow distance Diploma learners. Astutis tutors will be taking part in the discussions too, but the main purpose of the discussions is to enable you to learn from and support each other.

Revision sessions



We offer **additional online revision sessions** for Units A, B and C and a support session for Unit DNI, via our live, online web-classroom.

And our **distance learning advisor** will always be happy to help you with any general queries relating to your course.



The Astutis NEBOSH Diploma distance learning course has been designed to enable a flexible, portable learning experience which provides you with all of the course materials, revision opportunities and support you need to complete your 500 hour journey towards the NEBOSH Diploma exams.





About the NEBOSH National Diploma exams



When can I sit the NEBOSH National Diploma exams?

- ◆ **Unit A, B and C written exams** take place twice a year, in **January** and **July**.
 - ◆ **Unit DNI written assignment** can be submitted **several times in a year**.
- The exam and assignment submission dates are [published on the NEBOSH website every year](#).

Where can I sit these exams?

You can sit the NEBOSH National Diploma exams with us at the following venues:

Bristol	Cardiff	Central London	Edinburgh
Glasgow	Heathrow	Wakefield	Warrington

What do I have to do to sit a NEBOSH National Diploma exam or submit my assignment with Astutis?

The NEBOSH National Diploma exams and assignment submission only happen a few times during the year so **everything you have to do in preparation has deadlines**. The full details (with deadlines) are on our [NEBOSH Diploma Exams webpage](#), but as an overview, there are 3 things for you to do:

- 1** You must be enrolled as a Diploma student with NEBOSH before we can register you to take any examinations or submit your Unit DNI written assignment.
- 2** You need to advise us which of the 3 exams you want to sit, when and in which location, so we can register this with NEBOSH.
- 3** You need to let us know which date you are going to submit your Unit DNI assignment by, so we can register this with NEBOSH.

Important things to remember:

- !** Once you have been enrolled as a Diploma student with NEBOSH, you have **5 years** to successfully complete the Unit A, B and C exams and the Unit DNI written assignment.
- !** If you are not enrolled as a Diploma student with NEBOSH by the date specified on our exams webpage, you cannot sit the exams or submit your Unit DNI assignment.

How much do the NEBOSH Diploma exams cost?

[Contact our sales team](#) to find out about the cost of enrolling for and sitting the NEBOSH Diploma exams.